

TRIBUTE TO DR. JOHN KOSINSKI



February 2nd

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2023 WSSS OFFICERS

Mara and Canada

President:
Larry Narkiewicz (WSU/GS 2004/09)
Vice-President:
Joseph Sferra (WSUGS 1991)
Secretary-Treasurer:
Bruce McIntosh (WSU/GS 1989/94)
Members-at-Large:
Jay Dujon (WSUGS 2011)
Robert Holmes (WSUGS 1983)
Jennifer Bradley (WSUGS 2015)
Resident Member:

The following note is from one of John's best friends:

Dear Dr. Lucas,

Thanks for the kind words and tremendous tribute to one of my very best friends on earth, John Kosinski. I would occasionally join you guys in the late 70s on Friday night at the Old Shillelagh or Athens Bar when John was a resident and I was a lawyer/CPA at Price Waterhouse. As seniors in high school in 1968-69, John Kosinski's mother got John a job at Hutzel Hospital in dietary, washing dishes and at the same time she was able to get me a job mopping floors in housekeeping!

Around 1970 or so, still wasting away at our low level jobs, it seems John and I had a bit of an epiphany in the basement of Hutzel Hospital. I was on my hands and knees scrubbing stubbornly filthy baseboards next to the basement kitchen where John was washing dishes when a blast of extremely hot steam came out of the dumbwaiter and burned his face. We looked at each other and said "F this", and I'm pretty sure that's when we hit the books!

I met you again, maybe 10 tears ago, when John and I stopped by to say hello on a hundred degree afternoon at Comerica Park. The Tigers were better then!

Hope all is well with you. We lost one of the best and we are really going to miss him!

Warm regards, Mark Fossee

The following is from Dr. Simon Kovalik (WSUGS 1981):

I was saddened to read in the newsletter that I have outlived John Kosinski. I had joined the program as a 3^{rd} year, John as a junior resident. I learned from him rather than the other way around. My God rest his soul and all the souls of the faithfully departed.

Simon Kovalik, MD



DR. JERRY STASSINOPOLAS

It has been a busy 3-1/2 years since I left Henry Ford Hospital (after nearly 9-1/2 years) for a leadership position here at the University of Colorado Health System. I took a lot of lessons with me, both from training and from Henry Ford. It has been a great experience thus far despite the challenges of the pandemic. I sadly lost my mother to COVID-19. It was very difficult having moved away and then having to stay away be-



cause of the restrictions imposed upon by the pandemic. Then to lose Aris, and Stavros, and Jerry with his bride, Nicole.

her after a long battle to COVID and a host of complications that followed. I learned a lot about myself during that time and the strength my mother instilled in me to preserver when times are tough.

We are a large group of 18 TACS surgeons under the leadership of Trauma Medical Director, Thomas Schroeppel (former University of Tennessee Health and Science Center and Elvis Presley Trauma Center faculty) and a very busy Level I tertiary trauma center that covers most of central and southern Colorado, as well as South Eastern Wyoming, Western Kansas, and Northern Arizona and New Mexico. It makes for a very interesting mix of trauma patients with a high degree of blunt operative trauma from the recreational activities that living in the mountains bring (rock climbing, mountain climbing, ice climbing, snow sports, mountain biking, etc..). What is also unique to Colorado is the access to trauma centers. Much of Colorado is rural, but again, the mountains and weather bring another challenging aspect when it comes to transport times. Ambulance and flight are often grounded because of the weather. I have been amazed at the ability of these flight and ambulance crews to keep up with resuscitation efforts during long transport times. Colorado Springs, including El Paso and Pueblo Counties are no stranger to violence and penetrating trauma. Our hospital, the center of the latest mass shooting in America on November 29th, was our first mass casualty incident.

My family is very happy and busy. Our three boys are very engaged in rock climbing and skiing. Very Colorado of them. Peter is now 13 years old, Stavros is 11 years old, and our youngest, Aris, is now age



9. My wife, Nicole, has started her own social media marketing platform, where she is
using her advertising experience to promote brands and products in cooking, interior
design, and lifestyle. The Denver area has taken a liking to her content and what start ed out as a hobby is turning into a career for her.

I hope all is well with the WSU extended family and many wishes for a happy and prosperous 2023.



DR. ANDREW ISAACSON MEDICAL READINESS EXERCISE

Dr. Andrew Isaacson (WSUGS 2017) recently participated in the US Army Reserves and below is a summary of that experience:

Recently, I was able to participate in a Medical Readiness Exercise with the US Army Reserves. Our team of 11 medical personnel travelled to Luanda, Angola on the Southwest coast of Africa. This was the first medical exercise performed by any branch of the US military within the borders of Angola since Angola became an independent nation in the mid-1970s. Angola was a Portuguese colony until 1975 when it achieved independence. Shortly after that, the country plunged into a bloody and devastating Civil War. The soviet backed MPLA party was in power, and as one could imagine, did not look fondly on any US presence in the resource-rich nation. The Civil War ended with a cease-fire in early 2002. Since then, we have slowly been trying to form a relationship with The Angolans by helping with infectious disease, specifically HIV/AIDS treatment, as well as helping to build infrastructure and medical education.

I was mobilized as part of the 357 Forward Resuscitative Surgical Detachment (FRSD) for a planned twoweek exercise. The team consisted of ICU, ED, and OR nurses, a scrub tech, two CRNAs, and myself. After some lengthy travel, we arrived early on Monday morning, checked into the hotel, cleaned up and went directly to the Principle Military Hospital/Superior Institute of Medicine in Luanda, the capital city of Angola.

The two-week mission consisted of nine working days in the hospital. Each of these days we would perform anywhere from 1-3 operations. These mostly consisted of open inguinal, umbilical, and ventral hernia repairs They do have very basic laparoscopic equipment and I was able to perform three laparoscopic cholecystectomies in their hospital, which had not been done in a very long time. I also did a distal gastrectomy for a 5 cm adenocarcinoma that had been waiting for a second surgeon to be available.

The operating room was quite modern, but there was a lot of recycling. Bovie tips, lap pads, left over suture in a multi-pack—all were saved, sterilized and reused. Mesh for hernias was cut from a larger piece to fit the patient, and the larger piece was saved and sterilized for reuse. They have a relatively low infection rate they told me, but they are not sure who is lost to follow-up in that regard. The hospital services a large area that sprawls from the capital city of Luanda, out into the countryside and rural communities.

The hospital itself is run by the Angolan Army, but sees both civilian and military patients. They have a large area for women's health and a huge labor and delivery unit. The need for women's health is so great, that the two OB/GYNs only do gynecology. Multiple nurses staff the Labor and the nurses or even the patient's elder family members, that have been delivering babies in homes for years, assist the patient in delivering the baby. They have a surgical residency program that has three or four residents per year. After completing a five-year residency, they are required to stay on as staff at the hospital for another five years if they are civilians. If they are active military, they will be on staff at the hospital, as well with the military.

Overall, it was an excellent experience, and one that I won't soon forget. I met an amazing group of people, visited a country and experienced a culture that I likely would have never been to. I look forward to my next experience with the US Army, most likely sometime in 2024. Continue page 4



DR. ANDREW ISAACSON MEDICAL READINESS EXERCISE



Dr. Isaacson (left) showing LT Samuel Lee abdominal anatomy during a laparotomy



Dr. Isaacson and Angolan Surgeon, Dr. Jessica Campos performing a gastric resection



Dr. Isaacson teaching laparoscopy



The entire team enjoying the Angolan National Military Museum



POD 1 rounds on a subtotal gastrectomy patient



Dr. Isaacson and the Angolan Surgeon, Dr. Jessica Campos, posing in front of the hospital with a certificate of appreciation





REPORTS FROM THE OUTFIELD

Dr. Suresh Goyal (WSU/GS 1973) and his spouse, Suman, send best wishes for the holidays. He described how 2022 has been a good year and that he has been able to delegate some of his responsibilities to the younger generation. Dr. Goyal fondly remembers his time at the old Detroit Receiving Hospital and the other hospitals within the WSU program. He particularly wants to thank Dr. Alexander Walt, Dr. Anna Ledgerwood (WSUGS 1972), and the Editor for their training. In retrospective, he points out that it is difficult to believe that he and his colleagues handled some of the most difficult injuries during the night hours. He is convinced that there was divine intervention guiding these activities with these terribly injured patients.

Dr. Goyal enjoyed reviewing the summary on the monthly report from the 2022 Trauma Symposium, and he appreciates the information about his colleagues that comes out with the monthly



PRODUCTIVITY

Dr. Arthur Carlin (WSU/GS 1991/98) is actively involved as the leader of the Bariatric Surgery Program at the Henry Ford Hospital. He and his colleagues published a paper in the recent issue of the American Journal of surgery entitled, "Exploring Gender, Psychiatric Symptoms, and Eating Behaviors as Predictors of Attrition to Bariatric Surgery." The authors point out that only a small percentage of patients who would be eligible for bariatric surgery decide to follow through with this type of

operation. Their manuscript was designed to look at whether there are psychiatric



Dr. Arthur Carlin

symptoms or eating behavior patterns that predicted the attrition of such patients from the bariatric program prior to having surgery. They did a retrospective review of over 300 patients who had a pre-surgical psychosocial evaluation. They identified that the attrition rate in the preoperative sphere was 43% for men and 32% for women. They identified that those who were more likely to go through and have operation had no history of binge eating. The other factor that predicted attrition was race, with Caucasian patients being more likely to proceed with operation than African-Americans. They further concluded that symptoms of depression, anxiety, and abnormal eating patterns may impact the rates of attrition among women more so than among men.





PRODUCTIVITY



ABSITE 2023

Over for another year!!









- bladder with injury to intramural part of right ureter. Treated with repair of small bowel and rectal wounds and bladder. A ureteroneocystostomy of the right ureter was done and sigmoid colostomy and retrorectal drain placed.
- 4. AJ: Penetrating stab abdomen, treated with laparotomy which was negative for visceral injury.

6/27/71 - Staff: Dr. R. Krome

- 1. WC: Erosive gastritis with massive bleeding (Old case of hiatal herniorrhaphy). Treated with Billroth II, partial gastrectomy, and repair of iatrogenic laceration of stomach.
- 2. JW: Acute appendicitis with perforation and abscess. Treated with appendectomy and drainage.
- 3. JP: Penetrating stab abdomen with small laceration left lobe of liver, treated with exploratory laparotomy.

6/28/71 - Staff: Dr. A. Weaver

No Cases

6/29/71 - Staff: Dr. Hartzel

1. BK: Penetrating stab wound abdomen in the epigastrium. Treated with exploratory laparotomy and repair of serosal tear of the small bowel. Continue page 9



- 2. DM: Bullet in superior segmental bronchus of right lower lobe. Treated with bronchoscopy and attempt at removal of foreign body, which was a failure
- 3. CR: Stab wound left neck with laceration superior thyroid artery. Treated with exploration of neck and ligation of superior thyroid artery.

The log book brought back some real "memories" for 6/14/71. A 16-yo male had presented with a gunshot wound to right chest at 6 p.m. His blood pressure was low. A right chest tube was placed in the Emergency Department, and blood was hung. The jug on the Emerson pump rapidly filled. I was the Chief Resident on "days" and knew the patient needed to go to the O.R. Mr. Calvin Stewart (the senior Stewart) was the CRNA on duty. I rapidly scrubbed, and when I entered the O.R., I saw Mr. Stewart listening to the chest. He was always very accurate with his intubations, and there was no reason for him to be listening to the chest. He then informed me that he could not hear heart tones. That solved the problem for me, as I did not know how to approach this injury. I put out a call for the Chief Resident, who should have been in at 6 pm in order to start evening rounds. I opened the left chest, and there was no blood in the left chest, and the heart had a weak beat. I extended the incision across the sternum and into the right chest, and there was diffuse bleeding from a perforation of the right atrium and the inferior vena cava. We got control of the atrium and held pressure on the cava. My only assistance was a first-year resident rotating from Sinai Hospital. Fortunately, Dr. Zach Asuncion appeared and told me he was taking call for Dr. Velu that night. He helped me repair the atrium and the cava. We also sutured some holes in the right upper and lower lobe of the lung. The patient received 14 transfusions and stabilized. This young man did well, although we had difficulty weaning him from the ventilator as he much preferred to have the machine breath for him due to pain. He was discharged from the hospital.





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MICHAEL ILITCH	× WAYNE STATE
DEPARTMENT OF SURGER	Y VV
Wayne State Surgical Society	MARK YOUR CALENDARS
2023 Donation	American Surgical Association 143 ^{ed} Annual Meeting
	April 20-22, 2023
Name:	Westin Karbour Castle Ontario, Canada
Address:	
City/State/Zip:	Michigan Chapter ACS Meeting
Service Description Amount	May 17-19, 2023 Boyne Mountain Resort
2021 Dues Payment\$200	Boyne Falls, M.I
My contribution for "An Operation A Year for WSU"	
	Central Surgical Association 80 th Annual Meeting June 8-10, 2023
*Charter Life Member\$1000	Silton Cleveland Dovintown
Total Paid	Cleveland, Ohio
Payment by Credit Card	Midwest Surgical Association Annual Meeting
Include your credit card information below and mail it or fax it to 313-993-7729.	Incorrect Surgical Association Annual Incenting July 30-August 1 Eaglewood Resort and Spa
Credit Card Number:	Itasca, Illinois
Type: MasterCard Visa Expiration Date: (MM/YY) Code	
Name as it appears on card:	
Signature:	
Billing address of card (if different from above):	e-mail
Street Address	eri
City State Zip Code	Diego Lindeto Vour
*I want to commit to becoming a charter life member with payment of \$1000 per year for the next ten (10) years.	Please Update Your Information
Send check made payable to Wayne State Surgical Society to:	The WSUSOM Department of Sur-
Charles Lucas, MD Department of Surgery Detroit Receiving Hospital, Room 2V 4201 St. Antoine Street Detroit, Michigan 48201	gery wants to stay in touch. Please email Charles Lucas at clucas@med.wayne.edu to update your contact information.



Missing Emails

Over the years the WSU Department of Surgery has lost touch with many of its alumni. If you know the email, address, or phone number of the following WSU Department of Surgery Residency Program graduates please email us at clucas@med.wayne.edu with their information so that we can get them on the distribution list for the WSU Department of Surgery Alumni Monthly Email Report.

Mohammad Ali (1973) David B. Allen (1992) Tayful R. Ayalp (1979) Juan C. Aletta (1982) Kuan-Cheng Chen (1976) Elizabeth Colaiuta (2001) Fernando I. Colon (1991) David Davis (1984) Teoman Demir (1996) Judy A. Emanuele (1997) Lawrence J. Goldstein (1993) Raghuram Gorti (2002) Karin Haji (1973) Morteza Hariri (1970) Harrison, Vincent L. (2009) Abdul A. Hassan (1971)

Rose L. Jumah (2006) R. Kambhampati (2003) Aftab Khan (1973) Samuel D. Lyons (1988) Dean R. Marson (1997) Syed A. Mehmood (2007) Toby Meltzer (1987) Roberto Mendez (1997) Mark D. Morasch (1998) Daniel J. Olson (1993) David Packer (1998) Y. Park (1972) Bhavik G. Patel (2004) Ami Raafat (1998) Kevin Radecki (2001) Sudarshan R. Reddy (1984) Renato G. Ruggiero (1994) Parvid Sadjadi (1971) Samson P. Samuel (1996) Knavery D. Scaff (2003) Steven C. Schueller (1974) Anand G. Shah (2005) Anil Shetty (2008) Chanderdeep Singh (2002) David G. Tse (1997) Christopher N. Vashi (2007) Larry A. Wolk (1984) Peter Y. Wong (2002) Shane Yamane (2005) Chungie Yang (2005) Hossein A. Yazdy (1970) Lawrence S. Zachary (1985)

Wayne State Surgícal Society

The Wayne State Surgical Society (WSSS) was established during the tenure of Dr. Alexander J. Walt as the Chairman of the Department of Surgery. WSSS was designed to create closer contact between the current faculty and residents with the former resident members in order to create a living family of all of the WSU Department of Surgery. The WSSS also supports department activities. Charter/Life Membership in the WSSS is attained by a donation of \$1,000 per year for ten years or \$10,000 prior to ten years. Annual membership is attained by a donation of \$200 per year. WSSS supports a visiting lecturer each fall and co-sponsors the annual reception of the department at the annual meeting of the American College of Surgeons. Dr. Scott Davidson (WSU/GS 1990/96) passed the baton of presidency to Dr. Larry Narkiewicz (WSU/GS 2004/09) at the WSSS gathering during the American College of Surgeons meeting in October 2022. Members of the WSSS are listed on the next page. Dr. Narkiewicz continues in the hope that all former residents will become lifetime members of the WSSS and participate in the annual sponsored lectureship and the annual reunion at the American College of Surgeons meeting.



Marguez, Jofrances

Mavuiers. Matt

Operation-A-Year January 1—December 31, 2024

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Field. Erin

Gallick, Harold

Albaran, Renato G. Anslow, Richard D. Antoniolli, Anita L. Anthony, Joseph Bambach, Gregory A Bradley, Jennifer Cirocco, William C.

00 00

Bucci, Lorenzo

Camero, Luis

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Chmielewski, Gary W. Conway, William Charles Davidson, Scott Dente, Christophe Dujon, Jay Edelman, David A Francis, Wesley

Gallick, Harold Gayer, Christopher P. Gutowski, Tomasz D. Hamamdjian, Khatch Herman, Mark A. Hinshaw, Keith A. Holmes, Robert J

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Joseph, Anthony

Kaderabek, Douglas J.

00

Huebel, Hubert C. Johnson, Jeffrey R. Johnson, Pamela D. Joseph, Anthony Ledgerwood Anna M Lim, John J. Lopez, Peter

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Malian, Michael Marquez, Jofrances Martin, Donald J. Maxwell, Nicholas McGuire, Timothy McIntosh, Bruce Missavage, Anne

Nicholas, Jeffrey Novakovic, Rachel L. Perrone, Erin Porter, Donald Sankaran, Surya Sferra, Joseph Siegel, Thomas S

Robinson, Steven

Schwarz, Karl W.

Thoms, Norman W.

Vasquez, Julio

The WSU department of Surgery has instituted a new group of alumni who are remembering their

training by donating the proceeds of one operation a year to the department. Those who join this new effort will be recognized herein as annual contributors. We hope that all of you will remember the department by donating one operation, regardless of difficulty or reimbursement, to the department to

help train your replacements. Please send you donation to the Wayne State Surgical Society in care of Dr. Charles E. Lucas at Detroit Receiving Hospital, 4201 St. Antoine Street (Room 2V), Detroit, MI, 48201.

> Silbergleit, Allen Smith, Randall W Sugawa, Choichi Sullivan, Daniel M. Tuma. Martin Whittle, Thomas J. Williams, Mallory

Wills, Hale Wood, Michael H Ziegler, Daniel

February 22"

WSU SOM ENDOWMENT

The Wayne State University School of Medicine provides an opportunity for alumni to create endowments in support of their institution and also support the WSSS. For example, if Dr. John Smith wished to create the "Dr. John Smith Endowment Fund", he could donate \$25,000 to the WSU SOM and those funds would be left untouched but, by their present, help with attracting other donations. The interest at the rate of 4% per year (\$1000) could be directed to the WSSS on an annual basis to help the WSSS continue its commitment to improving the education of surgical residents. Anyone who desires to have this type of named endowment established with the interest of that endowment supporting the WSSS should contact Ms. Lori Robitaille at the WSU SOM> She can be reached by email at Irobitai@med.wayne.edu.