

FEBRUARY 2020

The Development of a Surgeon Part 2



February 2nd

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February 2nd

2020 WSSS OFFICERS

President:

Jeffrey Jofinson (WSUGS 1984)

Vice-President:

Scott Davidson (WSU/GS 1990/96)

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Bruce McIntosh (WSU/GS 1989/94)

Jay Dujon (WSUGS 2011)

Resident Member:

Anastasia Stevens-Chase (WSUGS 2020)

Dr. Waldo Lorain Cain was a long-term private practicing surgeon in southeast Michigan and in the Detroit Medical Center. Throughout the years, he was a tremendous help in the technical and cognitive training of surgical residents. Each year, the residents would choose their favorite private practicing teacher-surgeon who would receive a special plaque. This award was won by Dr. Waldo Cain so many times that the plaque is now described as the “Cain Award”.



Recently, Dr. Joseph Sferra (WSUGS 1991) uncovered some information regarding a University of Michigan Medical School project entitled “Documenting the Health Care Experience of African Americans in Southeast Michigan, 1940-1969”. A wise man once said that “Knowing where you’ve been helps determine where you are going.” The following is a continuation of excerpts from that interview.

When asked about race relations back then in East Gadsden, Alabama, Dr. Cain responded, “Well, *I think, black folks knew their place. My old man got along with everybody. I’ll give you a good example. He was very successful. I remember the family up on top of this hill. I’ll tell you where I lived, the family next door on the top of that hill was white. They were the Robinsons. All I remember is their kid was about my age; his name was Collie. People don’t believe me that, I guess until I was about old enough to go to school, that’s when I learned about race. You know, when you learn, you get older, maybe you’re 4 or 5 years old, but my playmate was a little white boy that lived next door, named Collie. I used to spend the night at his house and he spent the night at my house, and we had very cordial relationships with that family. It’s only when I started to school and he*

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The Development of a Surgeon

Part 2, cont...

started to school that I became aware that, you know, he's white and the significance of him being white."

When asked if that new knowledge changed his relationship with the Robinson lad, Dr. Cain responded, *"No, no, no. He was my friend. Even after we started to school we were good buddies, up until the time that they left there. I can't remember the age I was when they moved. But, we had a very cordial relationship with that family, the whole family. My mother was good friends with his mother and as I'd say, I'd spend the night with him, I'd eat over at his house, and he'd come over to my house. We were just little boys.*

"Outside of that, black children didn't associate with whites hardly any kind of way. But as I started to say, I remember I must have been 11 or 12 years old, my father had a mower, a hay mower pulled by horses. Several of the farms around didn't have one and they would hire him to mow the hay for them. Most of the farms, that were significant in size, were white. I remember being just an 11 or 12 year old boy, taking the horses or mules, going down and mowing hay on the white man's farm. I remember one guy who, who ran the Alabama School of Trades, Mr. Dukes. He was always Mr. Dukes, and papa was Jim. If you're a black man in the South, you were called reverend, uncle, or whatever your first name was. You were never 'Mr.' anything. They called you uncle, a very endearing term, but everybody in Gadsden called my father Jim. He was Jim Cain and everybody in Gadsden knew him."

When asked whether he was upset about his father not being called "Mr.", Dr. Cain said, *"Oh yes, I tell you, I was angry. As a child I was angry, but there wasn't anything I could do about it. But I remember papa used to have all these guys working for him and he was well known in the city of East Gadsden. I mean everybody in town knew him, from the mayor to the chief of police. I say chief of police because sometimes these guys would, after payday, go into town and get drunk and raise hell. They'd maybe get put in jail, and the chief of police, the man's name was Sam O'Bannon, would call papa on Sunday morning and say, 'Jim, I got two of your boys over here in jail. You think you're going to need them tomorrow?' Well, if it'd been raining, if they couldn't plow, he'd say, 'Mr. O'Bannon, keep*

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Part 2, cont...

those scutters in jail.’ Scutters, that’s what he called them. ‘Keep those scutters in jail.’ But, if the water was nice and he needed them to work, he’d say, ‘No, Mr. O’Bannon.’ Always Mr. O’Bannon. ‘Send those boys on back out here. Let’s put ‘em to work.’

When asked about his early education in East Gadsden, Alabama, Dr. Cain responded, “When I started to school, I started in the first grade. I don’t think we even had kindergarten. But, having older siblings, when I started to school, I could read. I can remember when I couldn’t read though. I can remember when I couldn’t read and I wanted to read, and I used to have to sit on my brother’s lap and have him read the funny papers to me. That used to make me mad, so when I started to school, I could already read. I guess I was 4 or 5. I really don’t know. But I went to that little two-room school house until I was about maybe in the fourth grade and then we had to go into Gadsden, go into town to go to school, because that was as far as it went. I tell my children, where I lived was three miles from Gadsden, and nobody believed me. I said I’d get up in the morning and I’d milk two cows and put them out to pasture, eat my breakfast, and half the time I walked. Not just me, everybody. You walked to town to go to school. But, hell, it wasn’t anything. Everybody walked. I say half the time because the other times papa would take us to school on the truck. The school was called Carver High or Carver Elementary. It was a combination elementary and high school. I left Carver at the end of ninth grade. I came to Detroit in grade ten and went to Northwestern. One thing I recognized right away at Northwestern High was how far behind I was, because the kids were using words that I had never heard. My vocabulary was so small. I’ll always remember a lady who, she just died, I guess, six or seven years ago. I know she died because I just happened to find her obituary in the paper. I had a math teacher named Marion Kanouse. I remember two teachers at Northwestern when I was a freshman. Miss Kanouse and Miss St. John.

Ms. Kanouse was a math teacher. I’m just a kid fresh out of Alabama. I never had a white teacher, never been to a white school, and Ms. Kanouse treated me like I was just a regular kid, no different from anybody else. She treated everybody the same. I remember, in my class, there was a little white boy, also from the South, and his name was T.C. She said, ‘Well, what is your name?’ He said, ‘T.C.’ She said, ‘That’s all your name, just T.C.?’



The Development of a Surgeon

Part 2, cont...

He said, 'Yeah.' She said, 'From now on your name is Thomas.' She said, 'Nobody in my class will be named with initials, named T.C.' She was very patient because she taught algebra. Hell, I didn't know anything about algebra, but she recognized that. I think that a lot of us didn't know, were deficient, and she was a good person to come to for deficiency.

The only reason I remember Miss St. John is because, here again, the influence of my older sister who had a degree in languages. She insisted I take French. Ms. St. John, I guess, at that time, as I look back on many years, I guess she probably was about thirty. But she was a good looking, blonde female from Canada. She taught French, and she used to sit everybody down in alphabetical order in her class. Imagine this little 13-year-old boy fresh out of Alabama. We had double seats, and my seat made a double seat with a little white girl. Scared me to death, I tell you! I almost flunked the first semester. I'm sitting right down front in this French class and I've got this white woman teaching me and I've got a white girl sitting next to me. Shoot, I couldn't concentrate on a thing. I was scared. Until my sister, Beulah, saw my grades and she said, 'Boy, you better pay attention to what's going on in that class. I don't want you to.....' I think I got a C- or something in that class. 'Don't bring me any more grades like that, no.' I got over it, but I was scared.

It was awesome. See, I'd never even been close to a white female before. The little boy who lived next door in East Gadsden actually was the only white person of any gender that I had been close to. But, to sit me down in class with a white teacher and a little white girl sitting next to me in this double seat. I couldn't keep my mind on anything. It is not a figure of speech; I was literally scared. At the time, Northwestern was predominantly white. Now, I'm sure, Northwestern is probably 99% black. But, at that time, and I'm talking about 1936, it was predominantly white.

I graduated from Northwestern in 1939. Let's see, in the 1930s, Northwestern was maybe 10% black. There was a high percentage of Jews at Northwestern when I was there. As a matter of fact, on Jewish holidays a lot of kids didn't go to school. I used to stay home from school on Jewish holidays and when the teacher asked, 'Where were you? What happened to you, Waldo, where were you?' I'd say, 'It was a holiday.' By this time, I was a senior in high school and I'd say, 'Well, it was a holiday.' Because the school was predominantly Jewish.



The Development of a Surgeon

Part 2, cont...

I didn't have a favorite subject in high school. One outstanding thing I remember about high school is when I was a senior in the spring of 1939. In my senior year, I had an English teacher named Mabel Tourney. Miss Tourney, I don't know, she was probably in her 40s. She was a spinster; we called her an elderly spinster. She was a great influence on me. She would tell us about places she had been and things she had done, and she talked about them and she talked about playing the piano. So I said, 'Miss Tourney, I don't believe you can play the piano.' She said, 'Well, tomorrow, I'll play the piano for you.' The next day she had somebody bring a piano from one of the homerooms, wheeled it into her English class, and she sat down and played. That thing I remember about Miss Tourney.

The other thing I remember about Miss Tourney is that she assigned me a subject for a term paper that really.....! Shouldn't say blew my mind. She said write—now mind you, this is the spring of 1939—on the future of television. I had never heard the word television before in my life! She said, 'Go to the library.' I went down to the main library and I found, they had a whole room, walls of books, on television, in 1939. I was fascinated by that stuff. I was so fascinated by it, that at the end of my paper, I concluded that in two years everybody was going to have a television set. Because, you know, guys were doing stuff on television back in the 1920s and I learn all the basic stuff about transmission of these pictures. I was fascinated by it and that's one of the best things, I think, that ever happened to me, is Miss Tourney and that I did this thing on television. I learned from that and learned that you can find a paper in the library on just about anything in the world you can think of, somebody's written a paper on it. If you want to know how many veins are on a butterfly's wing, somebody had written a paper on it. That really introduced me to library research. I tell you, you can go to the library and you can learn anything you want to learn. All you've got to do is learn how to use the library.

Stay tuned, more to come next month.





GREETINGS FROM THE OUTFIELD



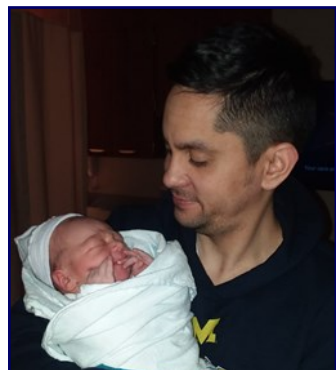
EXTRACURRICULAR PRODUCTIVITY



Dr. Michael Damit (WSUGS 2021) and his bride, Monica, announce that they are now proud parents of a baby boy! Michael Victor Damit entered the world on Thursday, January 23, 2020, at 6:45 a.m. He weighed in at 7 lb. and 6 oz. and was 20" long. Michael, Monica, and baby Michael's brother, 2-1/2 year old Oliver, wish to let the extended family know about their new addition. Oliver was excited to meet baby Michael and said that he liked him!



Oliver shows his new brother, Michael Victor, his favorite toy. Michael is astounded!



Dr. Michael Damit with his son, Michael Victor

The WSU clan extends their warm congratulations to Michael, Monica, and Oliver, and welcome baby Michael as the newest member to the WSU surgical family.



February 17th



PRODUCTIVITY

Dr. Jose Wilson Mesquita-Neto (WSUGS 2023) was the lead author on a manuscript entitled "Disparities in Access to Cancer Surgery After Medicaid Expansion", which was published in a recent issue of the American Journal of Surgery (volume 219). His coauthors were Dr. Peter Cmorej (WSUGS 2021), Dr. Hussain Mouzaihem, Dr. Donald Weaver (WSUGS 1979), Dr. Steve Kim, and Dr. Francis Macedo. This article looks at the expansion of Medicaid eligibility provided by the Affordable Care Act (ACA). Using a nation-wide population-based database, they looked at the eight most prevalent cancers from 2007 through 2015. Analyzing over one million patients, they demonstrated that the ACA facilitated an earlier diagnosis of malignancy and that absence of insurance coverage decreased from 5.5% to 2.6%, thereby facilitating improved access to surgical care and earlier operative intervention. Consequently, earlier cancer diagnosis and surgical intervention were improved in patients from economically disadvantaged communities.



Dr. Jose Wilson
Mesquita-Neto



Dr. Peter Cmorej



Dr. Donald Weaver

Dr. Christopher P. Gayer (WSU/GS 2003/10) and his coauthor, Dr. Michael Philipe-Auguste, from the Children's Hospital in Los Angeles, presented "Farnesoid X Receptor Activation Interferes with Toll-Like Receptor 4 Pathway" at the 2019 Surgical Forum session dealing with malignancy. They emphasized that the farnesoid X receptor (FXR) is a nuclear bile acid receptor that plays the role in intestinal barrier integrity. Using FXR knockout (FXRKO) mice, they performed complicated experiments, which demonstrated that FXR and TLR 4 pathways oppose one another in their control of inflammatory cytokine expression. They concluded that FXR pathway may be a valuable target in the treatment of gut-origin sepsis.



Dr. Chris Gayer

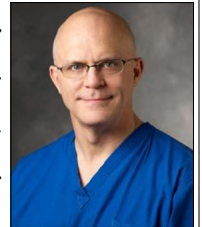
Dr. David A. Spain (WSUSOM 1986) was the senior author on a paper entitled "The Impact of Medicaid Expansion on Trauma-Related Emergency Department Utilization: A National Evaluation of Policy Implications," presented at the 2019 annual meeting of the American

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PRODUCTIVITY

Association for the Surgery of Trauma. His many coauthors were members of the Division of Trauma/Acute Care Surgery/Surgical Critical Care at Stanford University; this division is headed by Dr. Spain. This article is published in the Journal of Trauma and Acute Care Surgery 2020, volume 88. These authors looked at over 21 million trauma related emergency department visits before the implication of the Affordable Care Act (ACA). They demonstrated that, subsequent to the implementation of the ACA, there has been a significant increase in patients with insurance coverage and a decrease in the overall number of emergency department visits thought to be related to a simultaneous increase in outpatient department visits. They concluded that the implementation of the ACA was beneficial for many patients and for the survival of the American Trauma System.



Dr. David Spain

Below are photos taken of our residents before the ABSITE Exam weekend, January 24 and 25, 2020. As always, there is a relaxed and cheerful atmosphere amongst the residents—even with the in-training exam just hours ahead!

ABSITE 2020





WSU MONTHLY CONFERENCES 2019

Death & Complications Conference
Every Wednesday from 7-8



Didactic Lectures — 8 am
Kresge Auditorium

Wednesday, February 5

Death & Complications Conference

“Aortoiliac Disease and Surgical Management”

Mia Miller, MD, Chief Resident

Wayne State University Michael & Marian Ilitch Department of Surgery

“Resident Engagement”

Nancy Olind

DMC Human Resources

Wednesday, February 12

Death & Complications Conference

“2019-2020 ACGME Resident Survey”

Lisa Dillon, PhD, Vice-President Academic Affairs, GME, DMC

Amy Nielsen, DO, Chief Resident

Wayne State University Michael & Marian Ilitch Department of Surgery

Wednesday, February 19

Death & Complications Conference

“Treatment and Complications of Esophageal Cancer”

Michael Perry, MD, Chief Resident

Wayne State University Michael & Marian Ilitch Department of Surgery

Wednesday, February 26

Death & Complications Conference

“Liver Transplant for General Surgeons”

Miguel Tobon, MD, Chief Resident

Wayne State University Michael & Marian Ilitch Department of Surgery



Wayne State Surgical Society 2020 Dues Notice

Name: _____

Address: _____

City/State/Zip: _____

Service Description	Amount
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2019 Dues Payment _____	\$200	_____
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My contribution for "An Operation A Year for WSU" _____		_____
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*Charter Life Member _____	\$1000	_____
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Total Paid _____	
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Payment by Credit Card

Include your credit card information below and mail it or fax it to 313-993-7729.

Credit Card Number: _____

Type: MasterCard Visa Expiration Date: (MM/YY) _____ Code _____

Name as it appears on card: _____

Signature: _____

Billing address of card (if different from above): _____

Street Address _____

City _____ State _____ Zip Code _____

*I want to commit to becoming a charter life member with payment of \$1000 per year for the next ten (10) years.

Send check made payable to **Wayne State Surgical Society** to:

Charles Lucas, MD
Department of Surgery
Detroit Receiving Hospital, Room 2V
4201 St. Antoine Street
Detroit, Michigan 48201

MARK YOUR CALENDARS

*American Surgical Association
140th Annual Meeting
Grand Hyatt in Washington DC
April 16-18, 2020*

*Michigan Chapter of the ACS
67th Annual Meeting
Boyne Mountain Resort, Boyne Falls, MI
May 13-15, 2020*

*Midwest Surgical Association
Annual Meeting
August 2-4, 2020
Grand Hotel, Mackinac Island, MI*



Please Update Your Information

The WSUSOM Department of Surgery wants to stay in touch. Please email Charles Lucas at clucas@med.wayne.edu to update your contact information.



Missing Emails

Over the years the WSU Department of Surgery has lost touch with many of its alumni. If you know the email, address, or phone number of the following WSU Department of Surgery Residency Program graduates please email us at clucas@med.wayne.edu with their information so that we can get them on the distribution list for the WSU Department of Surgery Alumni Monthly Email Report.

Mohammad Ali (1973)

David B. Allen (1992)

Tayful R. Ayalp (1979)

Juan C. Calzetta (1982)

Kuan-Cheng Chen (1976)

Elizabeth Colaiuta (2001)

Fernando I. Colon (1991)

David Davis (1984)

Teoman Demir (1996)

Judy A. Emanuele (1997)

Lawrence J. Goldstein (1993)

David M. Gordon (1993)

Raghuram Gorti (2002)

Karin Haji (1973)

Morteza Hariri (1970)

Harrison, Vincent L. (2009)

Abdul A. Hassan (1971)

Rose L. Jumah (2006)

R. Kambhampati (2003)

Aftab Khan (1973)

Samuel D. Lyons (1988)

Dean R. Marson (1997)

Syed A. Mehmood (2007)

Toby Meltzer (1987)

Roberto Mendez (1997)

Mark D. Morasch (1998)

Daniel J. Olson (1993)

David Packer (1998)

Y. Park (1972)

Bhavik G. Patel (2004)

Ami Raafat (1998)

Kevin Radecki (2001)

Sudarshan R. Reddy (1984)

Renato G. Ruggiero (1994)

Parvid Sadjadi (1971)

Samson P. Samuel (1996)

Knavery D. Scaff (2003)

Steven C. Schueller (1974)

Anand G. Shah (2005)

Anil Shetty (2008)

Chanderdeep Singh (2002)

D. Sukumaran (1972)

David G. Tse (1997)

Christopher N. Vashi (2007)

Larry A. Wolk (1984)

Peter Y. Wong (2002)

Shane Yamane (2005)

Chungie Yang (2005)

Hossein A. Yazdy (1970)

Lawrence S. Zachary (1985)



Fat Tuesday
February 25th

Wayne State Surgical Society

The Wayne State Surgical Society (WSSS) was established during the tenure of Dr. Alexander Walt as the Chairman of the Department of Surgery. WSSS was designed to create closer contact between the current faculty and residents with the former resident members in order to create a living family of all of the WSU Department of Surgery. The WSSS also supports department activities. Charter/Life Membership in the WSSS is attained by a donation of \$1,000 per year for ten years or \$10,000 prior to ten years. Annual membership is attained by a donation of \$200 per year. WSSS supports a visiting lecturer each fall and co-sponsors the annual reception of the department at the annual meeting of the American College of Surgeons. Dr. Brian Shapiro (WSU/GS 1988/93) passed the baton of presidency to Dr. Jeffrey Johnson (WSUGS 1984) at the WSSS Gathering during the American College of Surgeons meeting in October 2018. Members of the WSSS are listed on the next page. Dr. Johnson continues in the hope that all former residents will become lifetime members of the WSSS and participate in the annual sponsored lectureship and the annual reunion at the American College of Surgeons meeting.



Members of the Wayne State Surgical Society Charter Life Members

Ahn, Dean	Bradley, Jennifer	Galpin, Peter A.	Kovalik, Simon G.	Nicholas, Jeffrey M.	Stassinopoulos, Jerry	Wood, Michael H.
Albaran, Renato G	Cirotto, William C.	Gayer, Christopher P.	Lange, William	Novakovic, Rachel L.	Sullivan, Daniel M.	Zahriya, Karim
Allaben, Robert D. (Deceased)	Clink, Douglas	Gerrick Stanley	(Deceased)	Perrone, Erin	Sugawa, Choichi	
Ames, Elliot L.	Colon, Fernando I.	Grifka Thomas J.	Lau, David	Ramnauth, Subhash	vonBerg, Vollrad J.	
Amirikia, Kathryn C.	Conway, W. Charles	(Deceased)	Ledgerwood, Anna M.	Rector, Frederick	(Deceased)	
Anslow, Richard D.	Davidson, Scott B.	Gutowski, Tomasz D.	Lim, John J.	Rose, Alexander	Washington, Bruce C.	
Auer, George	Dujon, Jay	Herman, Mark A.	Lucas, Charles E.	Rosenberg, Jerry C.	Walt, Alexander	
Babel, James B.	Edelman, David A.	Hinshaw, Keith A.	Malian, Michael S.	Sarin, Susan	(Deceased)	
Bassett, Joseph	Francis, Wesley	Holmes, Robert J.	McIntosh, Bruce	Shapiro, Brian	Weaver, Donald	
Baylor, Alfred	Flynn, Lisa M.	Huebl, Herbert C.	Missavage, Anne	Silbergleit, Allen	Whittle, Thomas J.	
Bouwman, David	Fromm, Stefan H.	Johnson, Jeffrey R.	Montenegro, Carlos E.	Smith, Daniel	Williams, Mallory	
	Fromm, David G	Johnson, Pamela D.	Narkiewicz, Lawrence	Smith, Randall W.	Wilson, Robert F.	



February 25th

Members of the Wayne State Surgical Society—2019 Dues

Alpendre, Cristiano	Cirotto, William C.	Horness, Mark D.	Lopez, Peter	Prendergast, Michael	Tennenberg, Steven
Asfaw, Ingida	Dawood, Moiz	Joseph, Anthony	Mansour, Roozbeh	Reilly, Lindsay	Thomas, Gregory A.
Bailey, Colin E.	Dawson, Konrad L.	Kaderabek, Douglas J.	Marquette, Lauren	Resto, Andy	Thoms, Norman W.
Bambach, Gregory A.	Dente, Christopher J.	Klein, Michael D.	Marquez, Jofrances	Shanti, Christina	Truong, William
Baute, Peter B.	Dolman, Heather	Knight, Anna	Masood, M. Faraz	Siegel, Thomas S.	Vaszuez, Julio
Baylor, Alfred E. III	Field, Erin	Kosir, Mary A.	Mayuiers, Matthew	Spotts-Resto, Josette	Zahriya, Osama
Bucci, Lorenzo A.	Golden, Roy	Larson, Sarah	McAlpin, Glenn M.	Sundaresan, Naresh	Zerfas, Dorene
Busuito, Michael J.	Goltz, Christopher J.	Liebold, Walter C.	Noorily, Michael J.	Tarras, Samantha	Ziegler, Daniel W.
Carlin, Arthur M.	Herman, Mark A.	Lloyd, Larry	Novakovic, Rachel L.	Taylor, Michael G.	Zoellner, Steven M.

Operation-A-Year January 1—December 31, 2020



The WSU department of Surgery has instituted a new group of alumni who are remembering their training by donating the proceeds of one operation a year to the department. Those who join this new effort will be recognized herein as annual contributors. We hope that all of you will remember the department by donating one operation, regardless of difficulty or reimbursement, to the department to help train your replacements. Please send your donation to the Wayne State Surgical Society in care of Dr. Charles E. Lucas at Detroit Receiving Hospital, 4201 St. Antoine Street (Room 2V), Detroit, MI, 48201.

Albaran, Renato G.	Davidson, Scott	Gayer, Christopher P.	Huebel, Hubert C.	Lopez, Peter	Siegel, Thomas S.	Wood, Michael H.
Anslow, Richard D.	Dujon, Jay	Gutowski, Tomasz D.	Johnson, Jeffrey R.	McIntosh, Bruce	Silbergleit, Allen	
Bambach, Gregory A.	Edelman, David A.	Herman, Mark A.	Johnson, Pamela D.	Missavage, Anne	Sugawa, Choichi	
Bradley, Jennifer	Francis, Wesley	Hinshaw, Keith A.	Ledgerwood Anna M.	Nicholas, Jeffrey	Sullivan, Daniel M.	
Conway, W. Charles	Gallick, Harold	Holmes, Robert J.	Lim, John J.	Perrone, Erin	Whittle, Thomas J.	

WSU SOM ENDOWMENT

The Wayne State University School of Medicine provides an opportunity for alumni to create endowments in support of their institution and also support the WSSS. For example, if Dr. John Smith wished to create the "Dr. John Smith Endowment Fund", he could donate \$25,000 to the WSU SOM and those funds would be left untouched but, by their present, help with attracting other donations. The interest at the rate of 4% per year (\$1000) could be directed to the WSSS on an annual basis to help the WSSS continue its commitment to improving the education of surgical residents. Anyone who desires to have this type of named endowment established with the interest of that endowment supporting the WSSS should contact Ms. Lori Robitaille at the WSU SOM> She can be reached by email at lrobitai@med.wayne.edu.